



**Studenti in  
Movimento**

# **General program**

**Accademic Senate**

**ARDiS Student Committee**

**Administrative Council**

**University Sport Committee**



**MISSIO**  
Sara



**SICALI**  
Alessandro



**MARI RINAUDO**  
Sofia



**GRAZIANI**  
Emma

In the  
Accademic  
Senate

**VOTE 4 SIM**



# Electoral program

## SA – Academic Senate

- Commit maintaining compulsory registration in all departments Introduce part-time careers in all courses of study that allow it
- Institutionalise the teaching break in April with the possibility for professors to include examination call
- Institutionalise pre-appeals that do not interfere with the running of classes
- Expanding the pool of Erasmus destinations and facilitating the bureaucratic procedures for using the service, with the concomitant establishment of a university tutor to assist students in filling out of documents together with the reference teacher
- Provide students with the Canva Pro service free of charge, similarly to Office package
- Providing for equalising taxation and applying the no tax area, such as that applied to male and female students, for the 60 CFU qualifying course
- Modulate the fees payable by doctoral students and eliminate the all-inclusive fee
- Provide a section on the university website with the Fee Simulator, so that you can calculate in advance the amount of fees you will have to pay in the year
- Provide for the possibility of suspending studies for personal reasons other than the student's own health
- Introduce, as annexes to the teaching guidelines, good practice documents concerning: classroom behaviour, examinations and degrees
- Introducing the psychological well-being tutor in all departments



## Studenti in Movimento



**Missio  
Sara**



**Sicali  
Alessandro (PhD)**



**Graziani  
Emma**



**Mari Rinaudo  
Sofia**

- Develop peer education programmes run by tutors or PhD students in all departments to facilitate the learning of fundamentals and create a knowledge network made by students for students
- Introduce the possibility of attending 'mini-masters' so as to supplement one's studies with cycles of lectures and examinations in a limited number in order to acquire a specialisation in a particular field

## PhD studies

- Abolition of the all-inclusive tuition fee and the establishment of a no-tax area for doctoral students with a scholarship.
- Provide a fixed seat for doctoral students in the Academic Senate.
- Establish and promote a Career Day entirely dedicated to PhD students, following the model of "Università Aperta PhD," to facilitate meetings with companies and entry into research and development sectors.
- Extend benefits currently available to university staff and students to PhD candidates, including discounts on transportation, cultural activities, and agreements with local entities and services.
- Increase the availability of interdisciplinary courses for PhD students and ensure access to recorded lectures.
- Improve communication about funding and mobility opportunities for PhD students through a dedicated section on the university website.
- Strengthen integration between the university and the local community through agreements with companies and local institutions for applied research projects and industrial PhDs.
- Enhance post-doc and academic career support with specific career guidance services.



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- Simplify bureaucratic procedures for international PhD students by easing the management of visas, permits, and access to services.
- Introduce an annual well-being assessment of the student and doctoral community through anonymous surveys.
- Create dedicated study spaces and common areas for PhD students within all departments.
- Provide basic technological equipment for PhD students, ensuring access to a suitable PC or laptop for research, writing, and participation in online events.



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# CARDiS



**LEINARDI**  
Jasmine

**D'ALÒ**  
Salvatore Sonny



**PIVIDORI**  
Neil

**DALLAN**  
Elena



**BONSO**  
Anna

**SALTARIN**  
Alessandro

In the ARDiS  
Student  
Committee

# VOTE 4 SIM



# Electoral program

**CARDiS** – ARDiS student Committee

## Area 1: Psychological Well-being and Student Services

- Strengthen the psychological support service in collaboration with the university by increasing staff, improving quality, and establishing agreements with therapy centers.
- Establish a nurse's office (or a counseling center) with a general practitioner for non-resident students or sign agreements with general practitioners.
- Implement a questionnaire dedicated to student well-being.
- Strengthen and expand the collaboration between ARDiS and CUS, ensuring benefits such as free CUS membership and discounts on specific courses for students at the Student Housing and in Gorizia.
- Sign an agreement with a gym in collaboration with the CUS of Portogruaro.
- Proceed with the renovation of the basketball court.
- Establish a botanical garden and promote gardening initiatives.

## Area 2: Cafeteria Service

- Following the opening of the Bistro, inaugurate additional dining facilities in collaboration with the university.
- Extend ARDiS's offer for partner restaurants to include evening services, both in Trieste and in branch locations.
- Reduce or maintain current cafeteria prices.



**Studenti in Movimento**



**Leinardi  
Jasmine**



**D'Alò  
Salvatore  
Sonny**



**Bonso  
Anna**

- Install a kitchen at the Gorizia campus to allow on-site meal preparation.
- Optimize cafeteria service by organizing staggered class end times to prevent service disruptions.
- Expand inclusive cafeteria offerings by increasing the variety of vegan dishes, including options such as soy milk cappuccino for breakfast, and enhancing vegetarian/vegan menus at all food stands, such as introducing vegan pizza.
- Launch a herbal tea service at the Gorizia campus.

## Area 3: Right to Education and Student Housing

- Install vending machines for affordable sanitary pads and contraceptives in all Student Housing facilities.
- Increase the rent contribution for scholarship beneficiaries who do not reside in Student Housing to €1,700.
- Confirm the conversion of the €400 allocated for free meals into direct financial support within the scholarship.
- Establish two separate calls for scholarship beneficiaries: one for rent contributions and one for Student Housing, allowing students to choose their preferred option.
- Implement a rent reduction at the former military hospital.
- Address and resolve the issue of Student Housing payments during Erasmus mobility periods.
- Promote the organization of recreational events and social gathering initiatives within Student Housing facilities.
- Ensure the provision of two free monthly tokens for the use of washing machines.



**Studenti in Movimento**



**Pividori  
Neil**



**Dallan  
Elena**



**Saltarin  
Alessandro**



# CDA

**DAMIANI**  
Giulia



**BALIVIERA**  
Morgan



**RITOSSA**  
Emma

In the  
Administrative  
Council

# VOTE 4 SIM



# Electoral program

CDA – Administrative Council

## Right to Education and Accessibility

- Maintain the **No Tax Area**, ensuring that students with an ISEE (Equivalent Economic Situation Indicator) below €30,000 are exempt from tuition fees.
- **Eliminate architectural barriers** to ensure an accessible university for everyone, in collaboration with the **RLS (Workers' Safety Representative)** and by implementing the **PEBA (Architectural Barrier Elimination Plan)**.
- **Install braille signage** for blind and visually impaired students, with English translations for greater inclusivity.
- **Enhance psychological support services** by increasing and formalizing existing agreements with therapy centers for specialized treatment, in addition to the counseling service already offered by ARDiS.
- **Implement an online tuition and fees simulator**, allowing students to accurately calculate the amount due when paying tuition fees.
- **Create a centralized page for tutor announcements**, improving accessibility to information.

## Student Spaces and Services

- Install **power outlets** in all study rooms and lecture halls.
- **Expand and formalize relaxation and noisy study areas**, taking inspiration from the relaxation room in Building D and the ARDiS tea room.
- **Increase the number of break areas** equipped with microwaves and kettles, as well as chessboards to encourage socialization.



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**Damiani  
Giulia**



**Baliviera  
Morgan**



**Ritossa  
Emma**

- Improve the **mapping of study rooms** on the university website for more intuitive access to available seating information.
- Extend the **opening hours of university buildings until 10:00 PM**, with special attention to satellite campuses.
- Install **lockers** with coin-operated locks, similar to those found in museums, allowing students to store personal belongings, luggage, and other items securely.
- Expand the university's **printing and scanning network**, ensuring the service is available at satellite campuses and increasing the number of printable copies per student from **200 to 400**.

## Health and Well-being

- **Install dispensers for sanitary products and condoms** in all university buildings.
- **Open infirmaries in Piazzale Europa and satellite campuses**, in collaboration with ARDiS.
- **Introduce a primary care physician service for non-resident students** to facilitate access to healthcare.
- **Make the simulated pharmacy in Building A operational**, transforming it into a useful resource for students and a valuable training opportunity for **Pharmacy students in the Department of Chemical and Pharmaceutical Sciences (DSCF)**.

## Sustainability and Innovation

- **Improve the energy efficiency of university buildings**, upgrading their energy classification and reducing waste through motion-sensor lighting systems.
- **Create a renewable energy community**, inspired by the initiative at the University of Padua.
- **Install water dispensers** in buildings that lack them and increase their availability where possible.



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- **Launch the “Cigarette Butt in the Bin” project** to encourage cigarette butt disposal in an interactive and engaging manner.
- **Increase recycling bins** across the university and promote environmental awareness initiatives.
- **Replace plastic cups with compostable ones** in vending machines and update payment systems to support cards and mobile payment apps.

## Inclusion and Internationalization

- **Hire additional Language Experts (CEs)** to expand extracurricular language course offerings, including an **Italian language course for international students**.
- **Allow outgoing Erasmus+ students to enroll in CLA (Language Center) courses** once their destination is confirmed.
- **Establish agreements with language certification institutions** (Cambridge, IELTS, etc.) to facilitate obtaining internationally recognized language certifications.
- **Install anti-violence awareness panels** in university buildings, in collaboration with **CUG (Single Guarantee Committee)**.
- **Strengthen the university orientation service** with regular meetings to help students identify suitable educational and career paths.

## Structural Improvements

- **Increase the number of benches and tables** in common areas, both at the main campus and satellite locations.
- **Install new blackboards** in university buildings, both indoors and outdoors, to improve study opportunities.
- **Ensure maintenance and renovation of buildings**, including repainting the most deteriorated structures.



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## Financial Aid and Economic Benefits

- **Introduce the UniTS prepaid card**, inspired by the University of Padua, to simplify payments within the university.
- **Adopt the ISIC card**, an **UNESCO-recognized student card**, to increase discounts and benefits for UniTS students.
- **Guarantee a minimum wage for university tutors.**



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# CSU



**PRIVRAT**  
Lorenzo



**POLETTTO**  
Marco



**MARTELLA**  
Marco Enzo

In the University  
Sport Committee

# VOTE 4 SIM



# Electoral program

## CSU – University Sports Committee

- Reintroduce well-established events such as the five-a-side football tournament (TUC), basketball tournament (TUB), and chess tournament (TUS).
- Enhance e-sports tournaments by organizing competitions dedicated to FIFA, WII SPORTS, LOL, and other games, with CUS providing concrete support to turn these events into regular, recognized competitions.
- Encourage university sports participation in city events such as the Barcolana and Crese CUP.
- Introduce a Sports Open Day, allowing students to try all sports offered by CUS for free. This event would help students make a more informed choice when selecting sports activities.
- Organize a University Sports Day to coincide with the Welcome Day, in collaboration with the Student Council, for a fully immersive university experience.
- Install sports suggestion boxes on campus, in addition to the online questionnaire, allowing students to submit proposals and suggestions directly and immediately. This tool would facilitate idea collection and lead to continuous improvements in CUS activities based on actual student needs.
- Maintain and expand the ARDIS-CUS collaboration, offering benefits for students living in university housing in Gorizia, Portogruaro, and Pordenone.
- Organize inclusive sports courses to promote integrated sports and increase visibility for these activities.
- Work with the University CdA to manage the "Inclusivity March & Flash Mob Awareness Day."



## Studenti in Movimento



**Privrat  
Lorenzo**



**Martella  
Marco Enzo**



**Poletto  
Marco**



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**Privrat  
Lorenzo**



**Martella  
Marco Enzo**



**Poletto  
Marco**

- Organize an inter-university competition, involving CUS and the University in a sports challenge between different universities during the Barcolana.
- Collaborate with regional organizations to offer winter sports courses such as skiing and snowboarding, providing students with affordable access to winter sports facilities.
- Introduce water sports, giving students new opportunities to engage in aquatic activities. The goal is to fully utilize Trieste's natural resources, promoting outdoor sports and a connection with the sea.
- Establish more agreements with gyms, including a partnership between CUS and fitness centers like Trieste Campus, ensuring students access to well-equipped gyms at discounted rates.
- Organize scuba diving excursions, allowing students to explore the underwater world through snorkeling and guided dives, taking advantage of the Miramare marine reserve.
- Increase visibility for university sports careers and improve the Study & Sport Scholarship Program.
- Organize an inter-university football match (Trieste vs. Udine) to foster interaction between students from different academic institutions.
- Introduce outdoor yoga sessions in Piazzale Europa to provide students with moments of relaxation and mental well-being. Yoga would be offered as a weekly or monthly activity to promote psychological recovery and stress management.
- Create a CUS app to facilitate access to information on courses, tournaments, and discounts. The app would also send event notifications and allow students to participate in surveys to improve university sports activities.
- Establish the role of a sports tutor, a key figure for students interested in university sports. The tutor would



assist with balancing academic and athletic commitments, supporting student-athletes with their specific needs.

- Launch "Matching CUS," an initiative to connect students with similar sports interests, encouraging socialization through sports. The goal is to help students find training partners or create teams, addressing a need that is currently met through student-run social media groups. With a dedicated space on the CUS app, the entire student community interested in finding teammates could have a centralized platform.
- Found a university running club, open to students and faculty members. This initiative would promote an active lifestyle and help students relieve stress.
- Organize talks with renowned sports figures to bring the student community closer to the world of sports.
- Promote discounts for major sports events hosted at the university.



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