



**ERASMUS+ KEY ACTION 1: MOBILITY FOR STUDY 2026-2027  
UNIVERSITY OF TRIESTE**

DEADLINE FOR SUBMITTING APPLICATIONS: 23<sup>rd</sup> February 2026 at 12:00 (CET)

The contents of this call are to be considered indicative and subject to the results of 2026 Call and the subsequent signing of the Agreement between the Erasmus+ National Agency INDIRE and the University of Trieste. Participation in the call and any financial contributions are always subject to the actual availability of funds by the Erasmus+ National Agency INDIRE. The University cannot be held responsible if funding is reduced or withdrawn. Any changes or additions to the activities and funding under the call will be communicated in a timely manner and published on the Erasmus+ Study 2026/2027 call webpage. In the absence of updates, this call shall remain valid.

All information and official documents relating to this call, including the list of destinations to be tendered, the official guidelines and attached documents, any updates and deadlines, are available on the **Erasmus+ Study 2026/2027 call web page**, accessible at the following link:

[https://sites.units.it/internationalia/it/erasmusplus-out/?file=stu\\_studio.html&cod=2026](https://sites.units.it/internationalia/it/erasmusplus-out/?file=stu_studio.html&cod=2026)

**Note on terminology:**

The University of Trieste is hereinafter referred to as the University.

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**ARTICLE 1 – CANDIDATE PROFILE AND ADMISSIBLE ACTIVITIES**

**1.1 Candidate profile**

All students enrolled in any degree course at the University of Trieste can apply to this scheme, provided they meet the requirements of the host organisation and the following obligations at the time of submission of their application and throughout their entire mobility period.

- 1) be regularly enrolled at the University from the submission of their application to the end of their mobility period (without any interruptions);
- 2) be enrolled at the University for the academic year 2026-2027 for the entirety of their mobility period, from departure to return.

**1.2 Eligible activities**

The activities eligible under the Erasmus+ programme are as follows:

- full-time study (attendance of courses, exams, or laboratory work);
- preparation of an undergraduate, master's or doctoral thesis;
- study (or thesis) and internship (combined mobility).

Internships may be carried out under the following conditions:

- internships must be authorised and carried out under the supervision of the host institution;
- the host institution must provide a record of attendance;
- study and internship mobility must be carried out consecutively or simultaneously and without any interruptions.

Candidates who fail to meet the requirements may be excluded from the selection at any stage of the procedure, even after the publication of the list of successful candidates. Any contributions already received will have to be returned.



## ARTICLE 2 – DURATION OF MOBILITY PERIOD

The Erasmus+ programme sets limits on the duration of physical mobility periods.

- **min** 2 months (60 days)
- **max 12** months for each degree cycle
- 24 months for **integrated master's degrees**.

Students are eligible to receive funding for periods abroad from the Erasmus+ programme for up to a maximum of **12 months** per degree cycle and up to **24 months** for integrated master's degrees, regardless of the type of mobility (internship or study). These mobility quotas are also valid for Erasmus+ periods spent abroad while enrolled at another university.

For the purpose of calculating the duration of mobility and the grant, a month is equal to 30 days, in accordance with the Erasmus+ Programme definition.

By submitting their application, candidates **declare that their proposed mobility period will not set them over the mobility quota limits** set for their degree cycle.

The duration of the mobility period is predetermined by the agreements signed by the University of Trieste and the relevant foreign institutions. Changes may only be made with the permission of both the host institution and the University. In particular, mobility periods may be:

- **reduced**, ensuring in any case a minimum duration of 2 consecutive months;
- **extended**, in accordance with a specific application to be submitted after the start of the mobility period.
  - The financing of the extension period is subject to the availability of funds.
  - The extension must be requested at least one month before the planned end of the mobility period.

**All activities must be completed by 31<sup>st</sup> October 2027**

## ARTICLE 3 – FINANCIAL CONTRIBUTION

This Article regulates the payment of financial contributions to selected students, including:

- basic mobility grant;
- additional funding for disadvantaged students;
- reimbursement of travel costs in accordance with the 2026 Erasmus+ scheme.



Contributions are subject to availability of financial resources and to the terms and conditions laid down in this call. They will be paid only to regularly enrolled students who will be selected through the procedure established in this call.

- The financial contribution is calculated on the basis of the days actually spent abroad. The maximum duration is indicated in the financial agreement signed by the student. The total amount of the grant is calculated on the basis that a month equals 30 days. Mobility periods shorter than a month will be calculated proportionately by multiplying the number of actual days by 1/30 of the monthly amount.
- In the case that the mobility period is reduced by more than five days (based on the dates established in the financial agreement), the contribution will be recalculated on the basis of the actual days spent abroad.
- No financial contributions will be given for time spent abroad beyond the maximum duration of the mobility period established in the financial agreement.

Procedures and amounts indicated for mobility grants, disadvantages student allowances and the reimbursement of travel expenses are based on the information available at the date of publication of this call.

These provisions may be updated or amended in accordance with any national and European Erasmus+ regulations and guidelines for the year 2026 that should be issued after publication.

Any updates will be automatically applied to the selected students and communicated through publication on the University website and/or through institutional communications.

### **3.1 Exclusion for cumulation with other funding**

Candidates must declare if they receive other forms of financial support from national or European bodies, be they public or private, for the same period of mobility. The International Mobility Office will check whether this is compatible with the Erasmus+ grant.

In any case, the Erasmus+ grant cannot be cumulated with other UE grants or funding for the same period and for the same purposes. Participation under the Erasmus+ mobility scheme in activities that are already funded or co-financed by other EU programs (e.g. ESF) are not allowed.

### **3.2 Selection procedure**

Grants are subject to availability of funds. In case of insufficient financial resources, the University may establish a limit on the maximum duration of grants. Students with grants covering a limited period may complete their mobility in 'zero grant' mode, thus keeping their Erasmus student status till the end of their mobility period.



### 3.3 Payment methods

Payments will be made exclusively by bank transfer to the recipient's **bank account or to a joint account in the recipient's name**. Bank account details must be entered in the online academic services portal (Esse3). When filling in their application, candidates must verify that their bank details are correct and must ensure that they are updated in a timely manner.

### 3.4 Grant

Selected candidates will receive a mobility grant calculated on a monthly basis in relation to the actual duration of their physical mobility. The amount varies according to the country of destination.

The amounts of the mobility grant and the list of countries below may vary on the basis of new national provisions not known at the time of publication of this call.

DESTINATION COUNTRY	MONTHLY ALLOWANCE
Group 1 (high cost of living): Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Ireland, Liechtenstein, Luxembourg, Netherlands, Norway, Sweden.	400.00
Region 14 third countries not associated to the Programme: United Kingdom, Switzerland.	
Group 2 (average cost of living): Cyprus, Czech Republic, Estonia, Greece, Latvia, Malta, Portugal, Slovakia, Slovenia, Spain	350.00
Group 3 (low cost of living): Bulgaria, Croatia, Hungary, Lithuania, North Macedonia, Poland, Romania, Turkey	
Region 1-12 third countries not associated to the Programme can be found on this <a href="#">page</a> .	EUR 700.00

### 3.5 Contribution for disadvantaged students

A disadvantaged student is any student who faces obstacles to effective access to the opportunities offered by the Erasmus+ programme. These obstacles may be economic, social, cultural, geographical or health related. Access to opportunities may also be limited for students from migrant backgrounds, with disabilities or learning difficulties or for any other reason, including factors which may give rise of discrimination as defined by Article 21 of the Charter of Fundamental Rights of the European Union.

In order to facilitate the mobility of all its students, the University ensures equal opportunities for all participants in accordance with the guidelines of the National Agency INDIRE.



Successful applicants from a disadvantaged background will receive an additional monthly allowance of EUR 250.00.

Disadvantaged students must identify with one of the following circumstances:

1. disadvantaged economic background;
2. a certified disability;
3. parent to children under the age of 18;
4. students in employment;
5. students who are an orphan of at least one parent;
6. children of victims of terrorism or organised crime;
7. students with a migrant and refugee background or who come from national or ethnic minorities.

Requested documentation:

Requirements 3 to 7 must be certified by candidates through a self-declaration attached to their application. The form for the 'self-declaration for supplementary allowances' is available on the call webpage.

Requirements 1 and 2 will be verified **exclusively** by the International Mobility Office of the University of Trieste through use of data **already uploaded** in the University's databases

**Documentation submitted directly by students will not be considered.**

In order to qualify for the **disadvantaged economic background** allowance, students must

- enrol for the academic year 2026-2027 by **1<sup>st</sup> September 2026**. Deadlines shall be postponed exclusively for students who could not enrol due to UniTS regulations.
- **Students with their permanent address in Italy**, must have obtained their equivalent financial situation index (ISEE Università 2026) by **1<sup>st</sup> September 2026** following the instructions provided for in the 2026-2027 student fee notice.
- **Students with their permanent address abroad** must have been awarded an ARDIS scholarship for the academic year 2026-2027.

The ISEE parameters will be defined by the Italian Ministry for University and Research (MUR).

**Students who identify with more than one of the circumstances above are only eligible for one additional monthly allowance.**

In the event of higher costs incurred for duly motivated special needs, additional financial support may be granted to applicants with a disability certificate already present in University databases. The instructions for requesting additional funding will be sent by email to interested parties upon publication of the relevant information by the National Agency INDIRE.



### 3.6 Payment of grant and additional allowances

Payment of the grant and any additional allowance is made in two instalments.

1. The first instalment is 70% of the presumed total and is paid on departure.
2. The second instalment will be calculated on the basis of the final, confirmed duration of the mobility. The maximum duration is indicated in the financial agreement signed by the student.

### 3.7 Travel costs

Travel costs shall be reimbursed in accordance with the provisions of the 2026 Erasmus+ Programme Guide.

In this case, reimbursement is calculated using the [distance calculator](#) and the reference distances below.

Distances	Standard Travel – Amount per participant	Green Travel – Amount per participant
between 10 and 99 km	EUR 28.00	EUR 56.00
between 100 and 499 km	EUR 211.00	EUR 285.00
between 500 and 1999 km	EUR 309.00	EUR 417.00
between 2000 and 2999 km	EUR 395.00	EUR 535.00
between 3,000 and 3,999 km	EUR 580.00	EUR 785.00
between 4,000 and 7,999 km	EUR 1,188.00	EUR 1,188.00
8,000 KM or more	EUR 1,735.00	EUR 1,735.00

**Example of calculation:**

*City of departure: Trieste*

*Destination city: Oslo*

*Distance according to the Distance Calculator: 1599.43 km*

*Mileage range: between 500 and 1999 km*

*Travel allowance: EUR 309.00 (round trip) - EUR 417.00 (green round trip)*



Reimbursement for travel costs is determined on the basis of the distance between the place of departure and the place of destination (not on the total distance travelled). Travel costs for the entire round trip are reimbursed in one instalment.

For the green transport allowance to apply, sustainable means of transport must be used for more than 50% of the whole journey distance. The green transport allowance will be granted only upon presentation of supporting documentation (boarding passes, tickets, invoices, receipts, etc.).

#### **ARTICLE 4 – CHOICE OF THE HOST INSTITUTION**

Mobility can only take place at an institution that has signed an Erasmus+ agreement with the University of Trieste.

- The list of destinations for each department is available on the call webpage.
- For each possible destination, you will find: the number of places available, the subjects you will be able to study (area or ISCED code), the degree cycle, the duration in months of the mobility period and the coordinator of the specific mobility.

When choosing their host institution, students must consider whether the courses offered are consistent with their study programme. In order to do so, they may refer to the coordinator of that specific mobility period and/or their department's delegate for international mobility.

- The coordinators are included in the list of destinations mentioned above.
- The list of department delegates for international mobility is available on this [page](#).

The destinations indicated in this call, the number of places available and the language requirements are to be considered as indicative and may be changed by the partner universities after the publication of this call. The possibility of carrying out a mobility period is always subject to acceptance by the host institution.

#### **ARTICLE 5 – LANGUAGE SKILLS**

It is the student's responsibility to verify that they meet the language skill requirements set by their host organisation. The language and level required can be found on the websites of host institutions. Language requirements and assessment methods may vary from location to location (request for official language certificates, other documentation or simple self-certification of language proficiency).

Failure to meet the requirements set by the host institution may lead to exclusion from mobility by the host institution itself.



Applicants must indicate their language skills in their motivation letter, declaring any certificates they may have or indicating their presumed language level if they don't have any certificates.

### 5.1 University Language Centre (CLA) – language courses

The University Language Centre (CLA) organises the following language courses:

- English;
- French;
- Spanish.

The courses will start indicatively in March 2026 and will have a duration of 30 hours each. At the end of the course, students will have to take a test which will be scheduled approximately in June 2026.

Rosetta Stone licenses will be issued for German.

To enrol to courses you must fill in the form available on this [page](#) by 15<sup>th</sup> February 2026.

### 5.2 Online Language Support (OLS)

The European Commission makes the Online Language Support (OLS) platform available to all grant recipients to strengthen their language skills before and during the mobility period. Thanks to the OLS services, students can assess their language skill level and attend a customised language course. The OLS services are available [here](#). Students must log in using their institutional email address and choose the relevant placement test.

All selected students are strongly advised to take the OLS assessment test before departure.

## ARTICLE 6 – APPLICATION PROCESS

Candidates must first read the call and the application instructions available on the relevant section of the call web page.

Candidates must apply for the relevant call by logging in to the Esse3 online academic services.

Candidates may indicate up to a maximum of **4 possible destinations** in order of priority (from first to last choice).

For the application procedure to be considered complete, candidates must:

- fill in and upload the 'supplementary form' with the information necessary to evaluate their application;



- fill in and upload the 'self-declaration for additional allowance' form referred to in Article 3, if relevant;
- confirm their application in Esse3 online academic services.

You can download the 'supplementary form' and the 'self-declaration for additional allowance' from the call webpage.

## **6.1 Application period:**

### **First application period:**

from the publication of the call until **23<sup>rd</sup> February 2026 at 12:00**.

The first application period applies to the following applications:

- mobility periods carried out during the first semester;
- mobility periods carried out during the second semester;
- mobility periods carried out during an entire academic year.

Candidates are invited to complete the application procedure well before the deadline, in order to avoid server overload close to the deadline.

Assistance and support from the International Mobility Office will be provided **up to two working days before the deadline**. After that, no timely intervention can be ensured.

After the deadline, the relevant sections in Esse3 online academic services will automatically disappear and **it will not be possible to submit, edit or confirm any applications**.

**Only applications which comply with the provisions and deadline laid down in this Article are valid.**

### **Possible further application period**

Indicatively in **May to June 2026**, upon the confirmed availability of funds and posts at host universities, a second application period may be opened **exclusively for mobility periods to be carried out during the second term**.

The notice for a second application period, if any, and the relevant list of available places will be published on the call web page.

Candidates who are successful in the first application period can also submit an application during the second period, provided that:

- the two mobility periods do not overlap
- they comply with Erasmus+ programme dispositions



## Article 7 – SELECTION AND LISTS OF ELIGIBLE CANDIDATES

Candidates receive a score consisting of the sum of two elements:

- one automatically determined from the student's academic record;
- the other related to the evaluation of their motivation letter.

### 7.1 General criteria for evaluating student records

To calculate the average mark and the number of credits acquired, the office will only take into account the following exams:

- passed by 23<sup>rd</sup> February 2026;
- regularly registered in the Esse3 online academic services.

All exams taken by 23<sup>rd</sup> February 2026 and registered in Esse3 by 5<sup>th</sup> March 2026 shall be included.

Exams taken within the deadline but **registered after 5<sup>th</sup> March 2026** may **only** be included **if they are present in Esse3 at the time of creation of the ranking lists**. The University does not guarantee that the scores will be updated on the basis of records made at a later stage.

For each year of a course, a **maximum of 60 credits** can be acquired.

### 7.2 Scoring procedure

**If the candidate is enrolled in a bachelor's degree or in a single-cycle master's degree:**

$(2/3) \times [(arithmetical\ mean\ of\ grades) + 30 \times (acquired\ credits/possible\ credits)]$

**If the candidate is enrolled in a master's degree:**

$\{(1/6) \times [(arithmetical\ mean\ of\ grades) + 30 \times (acquired\ credits/possible\ credits)]\} + [graduation\ coefficient]$

The graduation coefficient is calculated on the basis of the final mark the candidate obtained at the end of their bachelor's degree:

- 30 points for a final mark of 110 or 110 cum laude;
- 28 points for a final mark of 105 to 109;
- 26 points for a final mark of 101 to 104;
- 24 points for a final mark of 66 to 100.

The academic record score is added to the assessment of the motivation letter made by the mobility coordinator, who can assign an additional score from 0 to 30 points.



If the exchange coordinators notice that a candidate doesn't meet the host institution requirements, they may exclude them from that specific location, regardless of the overall score awarded.

Doctoral candidates are evaluated by a special committee appointed by the Rector.

Exclusion from a given destination **does not lead to exclusion from the entire call**, but only to the candidate's ineligibility for the destination for which the required conditions are not met.

If two or more candidates earn the same final score, priority is given to the candidate who confirmed their application first through online academic services (Esse3).

The rankings will be published on the official register of the University and on the call webpage by **10<sup>th</sup> March 2026**.

The online publication of the lists has legal value.

## ARTICLE 8 – OBLIGATIONS FOR SUCCESSFUL CANDIDATES

Successful candidates must accept their mobility by logging in the online academic services (Esse3). They may only do so during the following period:

- from 10 March 2026 at 18:00 to 13 March 2026 at 12:00.

**If the student fails to accept or refuses the given destination, they give up their right to the entire mobility period and they will have no right to re-allocation within the same application period.**

### 8.1 – Host institutions with automatic acceptance

For some destinations with particularly early deadlines, assigned students will be considered as automatically confirmed in Esse3, without the need for manual acceptance.

Candidates can check whether their acceptance is automatic on the list of eligible candidates.

The list of destinations with automatic acceptance is also indicated in the list of destinations available on the call webpage.

Any subsequent withdrawals must be promptly communicated and duly justified at [outgoing.students@amm.units.it](mailto:outgoing.students@amm.units.it). Withdrawals **do not lead to reallocations within the same application period**.

### 8.2 Reallocations

Students who are included on the list of eligible candidates but were not allocated a mobility place will be able to check and confirm any reallocations by logging in Esse3 in the following periods:



- from 17<sup>th</sup> March 2026 at 14:00 to 18<sup>th</sup> March 2026 at 12:00
- from 18<sup>th</sup> March 2026 at 14:00 to 19<sup>th</sup> March 2026 at 12:00.

If the student fails to accept or refuses the given destination, they give up their right to the entire mobility period and they will have no right to re-allocation within the same application period.

No further reallocations within the same application period will be possible after 19<sup>th</sup> March 2026.

Any withdrawals after 19<sup>th</sup> March 2026 must be promptly communicated and duly justified at [outgoing.students@amm.units.it](mailto:outgoing.students@amm.units.it) to allow the office to verify whether there are any places available and to evaluate whether a second application period could be opened.

### 8.3 Further obligations for successful candidates

Successful candidates must read the additional obligations provided for in the Guidelines published on the call web page.

Participants who fail to submit the necessary documentation for the recognition of training activities and the payment of the financial contribution, including the online questionnaire to be completed after the end of mobility, may face the following consequences:

- no recognition of the activities carried out abroad;
- no administrative closure of mobility;
- request for reimbursement of the contribution received in full or in part.

## ARTICLE 9 – INSURANCE

During their mobility period, students will have health, civil liability and accident insurance coverage.

- **Health insurance** guaranteed by the European Health Insurance Card (EHIC) for mobility periods on EU countries. For further information, please visit the following page: <https://tinyurl.com/y3co3j83>.  
All recipients are invited to contact the local health authority (*azienda sanitaria locale* – ASL) to verify the health care in their destination country. Non-EU citizens will have to pay particular attention to entry and health insurance requirements.
- **Civil Liability**: the University of Trieste offers all enrolled students civil liability insurance through a policy signed by companies operating in the sector.
- **Insurance for accidents at work**: the University of Trieste offers insurance coverage for accidents at work through the national insurance system (consolidated law on the National Institute for Insurance against Accidents at Work [INAIL], Italian presidential decrees No 1124/65 and 156/99).



University insurance cover for accidents at work and civil liability only covers accidents which occur during study and internship activities. It does not cover any risks associated with the medical profession and the use of health facilities. Therefore, recipients who fall into this category must provide a supplementary insurance at their own expense.

Candidates undertake to:

- that I must constantly monitor the situation in their destination country so as to remain up to date about the health and safety provisions in force and to ensure that they comply with all resulting requirements, restrictions and the specific rules of the host institution.
- if necessary, they will provide additional health and/or travel insurance covering the risks related to health, travel or any occurrences. The University will not be liable for any risks, inconveniences or exceptional or unexpected costs.
- carefully assess the safety conditions of their selected countries. For this purpose, candidates may consult the website of the Italian Ministry of Foreign Affairs and International Cooperation: <https://www.viaggiasesicuri.it> (in Italian).

## **ARTICLE 10 – ACCESS TO OFFICIAL DOCUMENTS, DATA PROCESSING AND STAFF MEMBER IN CHARGE OF THE ADMINISTRATIVE PROCEDURE**

The personal data collected for the purposes of this selection will be processed in accordance with the European Regulation No 2016/679. Data may also be processed using IT.

Aggregate data may also be used for statistical purposes by the Italian Ministry of University and Research.

When necessary, personal data may be transferred to universities located in non-EU countries on the basis of adequacy decisions pursuant article 45 of the General Data Protection Regulation – Commission Implementing Decision (EU) 2021/1773 of 28 June 2021.

Candidates are guaranteed access to the documentation of the proceedings. Terms and conditions of current legislation apply.

The data controller is the University of Trieste in the figure of its legal representative, the Rector.

The Head of the International Mobility Office of the University of Trieste is responsible for data processing.

Pursuant to Italian Law No 241/90 and subsequent amendments and additions, the staff member in charge of the administrative procedure is the Head of the International Mobility Office the University of Trieste.



Updated information on Regulation (EU) 2016/679 is available on the [dedicated section](#) of the University's website.

## Art. 11 – FINAL PROVISIONS

This call for applications and the list of selected and eligible candidates will be published on the University Notice Board (<https://titulus-units.cineca.it/albo/viewer>). The online publication has legal value.

For all communications and for the transmission of official documents between students and the University, both parties should only use the institutional email address assigned to them by the online academic services Esse3 when they first enrolled at the University. **Requests and communications from private e-mail addresses will not be considered.**

Applicants are required to read the call, information, notices, instructions, forms and guidelines published and continuously updated on the call webpage, as well as the [University Regulation on International Mobility of Students](#).

The allocation of a mobility period becomes effective upon acceptance by the host institution.

The University will only pay grants after receiving the relevant contributions from the National Agency INDIRE.

Eligibility for a mobility period does not automatically entitle a candidate to a mobility grant. Selected candidates who do not benefit from an Erasmus+ mobility grant can still go abroad with Erasmus student status. This will allow them to attend the same courses and benefit from the same facilities at the host institution as grant recipients.

Laws and regulations governing entry into specific countries are linked to the applicant's nationality. Applicants must inform themselves in good time about the requirements and documentation needed for entry and their stay for study purposes in the host country by contacting the relevant diplomatic representatives in Italy. Applicants are responsible for all procedures and costs related to entry visas and/or residence permits in the host country. In the case that an applicant is not issued a visa, the University is not liable, even after a grant has been awarded. It should be noted that in order to obtain a visa, some countries require proof of sufficient financial resources. The minimum amount may vary and may be higher than the grant for the mobility period itself. It should also be noted that the procedures for issuing a visa can be expensive, complex and lengthy. It is therefore advisable to get all information well in advance.

For anything not explicitly provided for by this call, please refer to current legislation, to the Regulation on international student mobility and to other provisions in force at the University of Trieste.



**UNIVERSITÀ  
DEGLI STUDI  
DI TRIESTE**

Internationalisation and Educational Services Division  
International Services Branch  
International Mobility Office



**Erasmus+**

**During the mobility period students will not be able to take exams or any complete other official degree-related activity at the University or any other institutions.**

**University of Trieste**  
Piazzale Europa, 1  
I - 34127 Trieste  
**www.units.it - ateneo@pec.units.it**

*Staff member in charge of this administrative procedure: Alessia  
Sforzina  
outgoing.students@amm.units.it*